

BSFT™ Bulletin

Brief Strategic Family Therapy™ Institute

An Evidence-Based Practice

Dear Keith

The BSFT™ Program Institute is pleased to announce the launch of our totally new website at www.BSFT.org. There is much talk about the value of prevention and lowering costs. We see a groundswell reformation of resources toward proven evidence-based programs for youth and away from ineffective and expensive incarceration. We trust that the BSFT™ Program website will provide insight as you seek cost-effective family interventions that work.

The BSFT™ Program Institute

UNIVERSITY OF MIAMI
MILLER SCHOOL
of MEDICINE



"The cost of eliminating one placement can fund 6 to 8 youths in evidence-based programs and provide improved outcomes at far less cost, an average of \$30,000 less per child."

The Children's Defense Fund reports in its 2007 study, "America's Cradle to Prison Pipeline"

**BSFT™ Program:
Strengthening Youth
and Families**

BSFT™ Trainers



BSFT™ Team L to R: Joan Muir, PhD (Associate Director); Maria Tapia, LCSW (Senior Trainer); Ruban Roberts, MSW (Senior

New BSFT.org Website Launched

Brief Strategic Family Therapy™ Institute is pleased to announce the launch of www.BSFT.org, a website devoted to the BSFT™ Program, the cost-effective, evidence-based, family-focused intervention which improves family relationships, treats conduct problems and reduces delinquency and drug use. The BSFT™ Institute has trained and consulted at clinics, community mental health and substance abuse agencies and judicial institutions in over 40 states as well as sites outside the United States.

Developed at The University of Miami's renowned Center for Family Studies for 37 years, research studies indicate the BSFT™ program can achieve favorable outcomes at cost savings in comparison with the usual mental health and juvenile justice services, such as detention, incarceration and residential treatment.

www.BSFT.org communicates a depth of knowledge to a range of audiences including legislators, the judiciary, clinical directors, educational leaders, philanthropic foundations and other parties engaged in mental health, juvenile justice, scientific research, public policy and healthcare reform.

Website content illustrates how BSFT™ Program trainers are teachers, facilitators, consultants and evaluators who guide therapist trainees to create new patterns of family interaction, which reflect improved family functioning as well as decreased problem behaviors and drug use. The website features several key sections regarding Brief Strategic Family Therapy™ (BSFT™).

General Information: [Click Here](#)

Training and Services: [Click Here](#)

The Evidence for the BSFT™ Program: [Click Here](#)

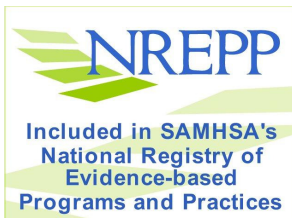
BSFT™ Program Effectiveness: [Click Here](#)

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_Terapia Familiar Breve y Estratégica En Espanol: [Click Here](#)

Trainer); Clara Abalo, LMHC
(Senior Trainer); Mike Robbins, PhD
(Master Trainer); and, Monica
Zarate, LMHC (Senior Trainer).
Absent: Keith Moak, MBA (Director
of Marketing)

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Click on NREPP logo to see review.

Learn why the BSFT™ Program is three times more effective than other treatments in bringing adolescents and their families into treatment and much more by visiting www.BSFT.org today.

Contact Us

As you consider the cost effectiveness of well-designed and tested family programs, consider the BSFT™ Program outcomes in the NREPP Review. Whether you have employed the BSFT™ Model in the past or are considering evidence-based practices, the BSFT™ Program team invites you to contact us with your inquiries.

Phone (305) 243-7585
BSFT@med.miami.edu

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